



MACHE 2009 Annual Conference Saturday Workshops

Workshop: Avoiding Resistance: Middle/High School

Speaker: Mary James

Session: V Time: 1:30 p.m.

- I. Resistance – root causes
 - A. Willful

 - B. Developmental

- II. Middle School – hormones
 1. understand that hormonal imbalance is a natural occurrence

 2. find a way to diffuse the situation

 3. use tools for understanding your child to build a relationship

4. teach them to work through their emotions

5. never stop showing your love

B. High School – need for independence

1. students should be more responsible for their own education

2. find out who they are, what they need, and supply it

3. offer personal incentives

4. keep lines of communication open

III. Tools for Keeping Your Sanity

- A. Give back control by giving choices about school and about obedience.
- B. Be prepared to listen and ask, “What could I do to help you want to do this assignment?”
- C. Keep control of your own emotions and refuse to enter into verbal battles.
- D. Realize that you may have buttons that are being pushed.

IV. Resources

- A. *The Way They Learn and Every Child Can Succeed: Making the Most of Your Child’s Learning Style*, Cynthia Tobias
- B. *Temperaments and Learning Styles*, Keith Golay
- C. *In Their Own Way: Discovering and Encouraging Your Child’s Personal Learning Style*, Thomas Armstrong
- D. *Educating the WholeHearted Child*, Clay and Sally Clarkson
- E. *Better Late than Early*, Raymond and Dorothy Moore
- F. *100 Top Picks for Homeschool Curriculum*, Cathy Duffy
- G. *The Treasure Tree*, John & Cindy Trent and Gary & Norma Smalley
- H. *The Five Love Languages, The Five Love Languages of Children, and The Five Love Languages of Teens*, Gary Chapman
- I. *How to Really Love Your Teenager*, Ross Campbell
- J. *The Heart of Anger*, Lou Priolo
- K. *Hints on Child Training*, Henry Clay Trumbull
- L. *Age of Opportunity*, Paul Tripp
- M. *You Can’t Make Me (But I Can Be Persuaded)*, Cynthia Tobias
- N. *Making Children Mind without Losing Yours*, Dr. Kevin Leman
- O. *Notebooking! Yes! You Can Be a Binder Queen!*, Cindy Rushton