



MACHE 2009 Annual Conference Saturday Workshops

Workshop: HELP! I NEED A MAID!!

Speaker: Miriam Heppner - Mom of 17 - Grandma of 5!

Session: V **Time:** 1:30 pm

"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light." Matthew 11:28-30

You will keep him in perfect peace, Whose mind is stayed on You, Because he trusts in You. Trust in the LORD forever, For in YAH, YAH VEH, the LORD, is everlasting strength, an eternal rock. Isaiah 26:3-4

"Consider it pure joy, my [sisters], whenever you face trials of many kinds, because you know that the testing of your faith develops perseverance. Perseverance must finish its work so that you may be mature and complete, not lacking anything. If any of you lacks wisdom, he should ask God, who gives generously to all without finding fault, and it will be given to him." James 1:2-5

"Hope deferred makes the heart sick, but a longing fulfilled is a tree of life." Proverbs 13:12

Prioritize-

You can't do it all. First things first... One step at a time.

Life happens all at once...when it rains it pours... (IS IT EVER GOING TO STOP RAINING!?)

What good thing does God want me to replace with the best?

What is "the best" work God has for me and my family?

"Of all the commandments, which is the most important?" "The most important one" answered Jesus, "is this: 'Hear, O Israel, the Lord our God, the Lord is one. Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength. The second is this: 'Love your neighbor as yourself. There is no commandment greater than these.'" Mark 12:28-31

All the "good" things we do for God are meaningless without out right relationships.

"If you are offering your gift at the altar and there remember that your brother has something against you, leave your gift there in front of the altar. First go and be reconciled to your brother; then come and offer your gift." Matthew 5:23-24

Damaged relationships STEAL precious time, energy, joy (AND SO MUCH MORE!)

Does the reality of my everyday life reflect what I say is important?

"Seek first the kingdom of God and his righteousness, and all these things will be added unto you. So do not worry about tomorrow.... Each day has enough trouble of its own." Matthew 6:33-34

Live intentionally with flexibility (allowance) for God's higher ways.

"In his heart a man plans his course, but the LORD determines his steps." Proverbs 16:9
"Many are the plans in a man's heart, but it is the LORD's purpose that prevails." Prov. 19:21

Perfectionism (and fear) vs. Excellence (and grace) Perfectionism paralyzes. Excellence elevates.

"And He said to me, "My grace is sufficient for you, for my power is made perfect in weakness." ...For when I am weak [frail, feeble], then I am strong [able]." 2 Corinthians 12:9-10

Prioritize projects that buy us time for problems that steal our time (and energy).

(Interruptions or opportunities for positive change?-))

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De-Clutter!!

Help! I Need a Maid- Miriam Heppner ~Page 2

"...let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, looking unto Jesus, the author and finisher of our faith..." Hebrews 12:1-2

Busyness is NOT a Virtue! *"Be still and know that I am God."*

What needs can only I fill?

Look down the road (Long term). For what will I have regrets? For what do I have regrets?
"She watches over the ways of her household and does not eat the bread of idleness." Proverbs 31:27

Allow God to do what I and others cannot do.

"Jesus probably disappointed more people than anyone else who has walked the earth."

Delegate -

It doesn't take a lot of time to do a lot of things, but a lot of things take a lot of time!

Know your child. Consider size and developmental level. **Challenge: Don't frustrate!**

Take time to train. Inspect what you expect. Expect quality: Not perfection.

Constructive criticism is important. Praise and appreciation are essential.

Multi-task -

Reading, writing, memory work w/hand mending, laundry, kitchen work...

History and other educational audios w/ menial tasks, traveling, naptime/bedtime...

Reading aloud while little ones lay down and older ones doing handwork like embroidery, art...

Before starting on new task or project, engage children w/you or on constructive task.

Be creative (Think outside the box!-) Work smarter, not harder!

A place for everything and everything in its place!

A task is **not** complete until supplies are cleaned up and put away.

Dishes done right away and tub/shower cleaned out by user immediately.

Individual towels for week. Individual water cups for day...

Establish Systems-

Chores

School Graph

Laundry

Schedule

Meals

Charts

Planner

Lists

Overview of Chores	Monday	Tuesday	Wednesday	Thursday	Friday	When Needed
Solomon	Straw for Chickens/ Cut Firewood	Ashes	Mudroom	Toilets	Downstairs Bathroom and Floor	Ashes
Joanna	Pantry of Nursery	Living Rm Bookshelf	Machine Mending	Schoolroom Bookshelves	Computer Area	
Susanna	Girls' Bathroom and Floor	Girls' Shelves	Living Room w/ Avi	Playroom w/A	30 minute cleanup w/ RAH & AVI	
Abigael	Plants and Game Shelf	Schoolroom Playroom w/ B&A	Kitchen Counters and Shelves	Main Bathroom Floor	Plants Schoolroom Counters	
Elizabeth	Living Room Play Room	Kids' Room Bookshelf	Play Room Microwave	Bathroom Counters and Washer / Dryer	Sweep Downstairs	Clean Van
Zachariah	Under Kitchen Sink	Tupperware Top of stairs	Garbage/Slop Schoolrm w/R	Mirrors and Windows	Bathroom Sinks Sweep Stairs	Garbage and Slop Shovel Front & Back
Rebecca	Vacuum Downstairs Bathroom counter/drawers	Schoolroom Playroom w/ Abby	Vacuum Upstairs Schoolrm w/Z&R	LR Book & Toy Shelf Bathroom counter/drawers	Vacuum Downstairs Playroom	
Rachael	Schoolroom Play room w/Liz	Living room Top of stairs	Schoolroom w/Z&B Playroom w/E	Living room Shelves in bdm	30 minute cleanup w/ Susy	Hand Towels
Avianna	Livingroom w/Liz Play room w/Liz	Schoolroom Playroom w/ Abby	Living room w/ Susy Playroom w/E &R	Living room w/R Playroom w/Susy	30 minute cleanup w/ Susy	Washcloths

Recommended Resources:

Things We Wish We'd Known
 Discipline: The Glad Surrender Elisabeth Elliot
 Battlefield of the Mind- Joyce Myers
 Clutter's Last Stand- Don Aslett

By Bonnie McCullough

Bonnie's Household Organizer
 Totally Organized
 401 Ways to Get Your Kids to Work at Home
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	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	Scones, or rolls, meat, coffee cake muffins... w/yogurt	ZACH Oatmeal	Elizabeth Eggs	ZACH Seven Grain Cereal	Elizabeth Baked Oatmeal	ZACH Farina	Waffles/ Pancakes
Lunch		SUSANNA	SOLOMON	ABIGAEL	JOANNA	Elizabeth	ZACHARIAH
Dinner	Potatoes	JOANNA Soup	ABBY Rice/ Stir fry	SOLI Hotdish	SOLI Beans	JOANNA Pasta	SUSY Tacos/Pizza
Treat:		Elizabeth	ZACH	SOLOMON	ABBY	SUSANNA	JOANNA
1. Know menu previous day.				1. Avianna - Silverware in sink.			
2. Hot soapy water in sink. Wash hands.				2. Rachael - Cups in dishwasher.			
3. Prepare meal.				3. Becca - Plates scraped and in dishwasher			
4. Put clean dishes away. (Liz dishwasher, Zach dishdrainer).				4. Put away all food.			
5. Clean up as much as possible (dishes and counters, etc.)				5. Wash all extras.			
6. Set table w/condiments (butter, ketchup, pepper, etc.)				6. Wash table, counters and stove.			
7. Make drink and pour.				7. Sweep floor in dining room and kitchen (and wiped up where necessary)			
8. Ring bell. (youngest)				8. Run dishwasher if over 1/2 full.			
9. Set food on table w/serving utensils.				9. Clean sinks and surrounding area.			
10. ENJOY!!!				10. Rinse dishrags and drape between sinks.			

Joanna	1	2	3	4	5	6	7	8	9	10	11	12	1:
Devotions													
Mathematics													
Chemistry													
Language Skills													
History/Geography													
Government													
Spanish													
Finances													
Put School Supplies Away													
	1	2	3	4	5	6	7	8	9	10	11	12	1:
Help Rachael Awana's													
Exercise													
Art													
Piano/Violin													
Piano/Violin with Rach													
Piano with Z&E													
Work on computer													
Monday-Nursery/Pantry													
T-LR Bookshelves													
Wed-Machine mending													
Th-Schoolroom Bookshelves													
F-Computer area													
Make Bread													
Kitchen Help													
Extra													
	1	2	3	4	5	6	7	8	9	10	11	12	1:

Rachael	Mon.	Tue	Wed	Thu	Fri	Sat
Bible						
Alpha Phonics						
Math						
Science						
History						
AWANA'S						
Art						
Piano/Violin						
	School Room	Living Room	School Room w/Z&B	Living Room	30 minute cleanup w/ Susy	
Kitchen Help						
Help						

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Building:	Wooden Blocks	Build & Play	Dominoes & Marble Works	Tinker Toys & Lincoln Logs	Legos		Waffles
Learning Games:	Shapes	Numbers	Colors	Letters	Tangrams	Play School	Sunday School
Art:	Color	Playdough	Chalk	Finger Paints	Cut & Paste Crafts		
Creative Play:	Instruments	Fisher Price Toys	Tea Party, Play House, Dress Up	Wee Sing & Play Activities	Puzzles	Dollhouse, Kellies,	Dolls, Stuffed Animals
Daily Activities: Read Books>Singing books with tape>Memory work>Exercise							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

Therefore we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day. For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all. So we fix our eyes not on what is seen, but on what is unseen. For what is seen is temporary, but what is unseen is eternal. 2 Cor. 4:16-18

Be joyful always; pray continually; give thanks in all circumstances, for this is God's will in Christ Jesus for you. And do not quench the Spirit." 1 Thessalonians 5:16-18

Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. Philippians 4:4-7