

Exploring Learning Styles for More Effective Instruction

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Heppner's Legacy Homeschool Resources - www.legacyhomeschool.com
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MODALITIES: How do I learn best?

Visual –	
Auditory –	
Kinesthetic –	

LEARNING STYLES: How do I behave while I'm learning?

Thinker⁺ – Perfect Paula* – Beaver[#] – Melancholy / Compliant –	black & white, precise, exact, organized, meticulous, scheduled, on-time, planner, logical, careful, facts, clear expectations, lists, perfectionist, routine, order, independence, give me the facts, wants authoritative input, what are the rules, textbooks, deadlines, memorization and drill
Feeler⁺ – Sociable Sue* – Golden Retriever[#] – Phlegmatic / Steady –	relational, feeling, emotional, romantic, personal, biographies, togetherness, non-confrontational, teams, committees, people person, wants to know the who, teams, likes cooperative efforts
Sensor⁺ – Wiggly Willy* – Otter[#] – Sanguine / Influential –	doer, hands-on, project oriented, get it done, crafty, practical, efficient, demonstrators, movers, investigator, physical, hate being bored, live for the moment, needs short term goals and immediate rewards and feedback, chooses play over work, impulsive, short dynamic lessons, games, field trips
Intuitior⁺ – Competent Carl* – Lion[#] – Choleric / Dominant –	what-ifs, possibilities, dreamers, idea generators, cogitators (take time to ponder, dream and create – then DO!), inventive, imaginative, ingenuity, designers, likes flexibility, brainstormer, take charge, get it done

EIGHT INTELLIGENCES (Howard Gardner): Natural potential and talent

Logical-mathematical – Number smart –	
Linguistic – Word smart –	
Bodily-kinesthetic – Body smart –	
Musical – Music smart –	
Spatial – Picture smart –	
Interpersonal – People smart –	
Intrapersonal – Self smart –	
Naturalist – Nature smart –	

ENVIRONMENT: How do my surroundings, space, etc. impact my learning?

Sound –	
Interaction –	
Body position –	
Lighting –	
Temperature –	
Food –	
Time of day –	
Color –	

SPIRITUAL GIFTS:

**Exhortation
Giving
Leadership
Mercy**

**Service
Administration
Discernment
Faith**

**Helps
Knowledge
Teaching
Evangelism**

**Hospitality
Martyrdom
Missionary
Pastor**

“It is nothing short of a miracle that the modern methods of instruction have not yet entirely strangled the holy curiosity of inquiry.” – Albert Einstein

“Most children can master the same content, HOW they master it is determined by their individual styles.” – Rita Dunn

All of the following resources are available from Heppner’s Legacy:

[**8 Great Smarts**](#) – Kathy Koch

[**The Big What Now Book of Learning Styles**](#) – Carol Barnier

[**How to Get Your Child off the Refrigerator and on to Learning**](#) – Carol Barnier

[**The Way They Learn**](#) – Cynthia Tobias

[**Right-Brained Children in a Left-Brained World**](#) – Jeffrey Freed

+ Terms used by Diana Waring

* Terms used by Cathy Duffy

Terms used by Gary Smalley