

Exploring Learning Styles for More Effective Instruction

Nancy Bjorkman

Heppner's Legacy Homeschool Resources - www.legacyhomeschool.com
369 Jackson Ave NW – Elk River, MN 55330 763-241-HOME (4663)



MODALITIES: How do I learn best?

Visual –	
Auditory –	
Kinesthetic –	

LEARNING STYLES: How do I behave while I'm learning?

Thinker+ – Perfect Paula* – Beaver# – Melancholy / Compliant –	black & white, precise, exact, organized, meticulous, scheduled, on-time, planner, logical, careful, facts, clear expectations, lists, perfectionist, routine, order, independence, give me the facts, wants authoritative input, what are the rules, textbooks, deadlines, memorization and drill
Feeler+ – Sociable Sue* – Golden Retriever# – Phlegmatic / Steady –	relational, feeling, emotional, romantic, personal, biographies, togetherness, non-confrontational, teams, committees, people person, wants to know the who, teams, likes cooperative efforts
Sensor+ – Wiggly Willy* – Otter# – Sanguine / Influential –	doer, hands-on, project oriented, get it done, crafty, practical, efficient, demonstrators, movers, investigator, physical, hate being bored, live for the moment, needs short term goals and immediate rewards and feedback, chooses play over work, impulsive, short dynamic lessons, games, field trips
Intuitior+ – Competent Carl* – Lion# – Choleric / Dominant –	what-ifs, possibilities, dreamers, idea generators, cogitators (take time to ponder, dream and create – then DO!), inventive, imaginative, ingenuity, designers, likes flexibility, brainstormer, take charge, get it done

EIGHT INTELLIGENCES (Howard Gardner): Natural potential and talent

Logical-mathematical – Number smart –	
Linguistic – Word smart –	
Bodily-kinesthetic – Body smart –	
Musical – Music smart –	
Spatial – Picture smart –	
Interpersonal – People smart –	
Intrapersonal – Self smart –	
Naturalist – Nature smart –	

ENVIRONMENT: How do my surroundings, space, etc. impact my learning?

Sound –	
Interaction –	
Body position –	
Lighting –	
Temperature –	
Food –	
Time of day –	
Color –	

SPIRITUAL GIFTS:

**Administration
Discernment
Evangelism
Exhortation**

**Faith
Giving
Helps
Hospitality**

**Knowledge
Leadership
Martyrdom
Mercy**

**Missionary
Pastor
Service
Teaching**

“It is nothing short of a miracle that the modern methods of instruction have not yet entirely strangled the holy curiosity of inquiry.” – Albert Einstein

“Most children can master the same content, HOW they master it is determined by their individual styles.” – Rita Dunn

All of the following resources are available from Heppner’s Legacy:

[8 Great Smarts](#) – Kathy Koch

[8 Great Smarts for Homeschoolers](#) – Tina Hollenbeck

[ADHD is Awesome!](#) – Penn Holderness

[Career Exploration and Preparation](#) – Cheri Frame

[The Way They Learn](#) – Cynthia Tobias

[Right-Brained Children in a Left-Brained World](#) – Jeffrey Freed

+ Terms used by Diana Waring

* Terms used by Cathy Duffy

Terms used by Gary Smalley